

Iyengar Yoga Workshop

Saturday 8th August '26

Join Level 3 teacher Clare Tunstall for:

- Yoga workshop (10am - 1pm)
- Light lunch (included), followed by guided walk
- Restorative yoga & pranayama (4 - 5.30pm)

Cost per person: £50

Why not make a night of it & **stay over in Edale** & join us for an evening meal (not included).



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**Edale Village Hall, Hope Valley, Derbyshire
S33 7ZA**

10am - 5.30pm

**To book your place / for more info:
clairefraserhome@gmail.com**

